**SEPT. 2019 Fairmont & Exeter Senior Centers 402.268.2831**

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| Monday  | Tuesday | Wednesday | Thursday | Friday |
| **Milk & Bread** **Available !!!!!** | **1** Sweet & Sour ChickenBrown RicePeasPears**\*\*POT LUCK\*\*** | **2** Sausage & Egg Breakfast PizzaCheesy BroccoliPeaches | **3** Liver & OnionsAlfredo PastaBeetsApple | **4** Chicken Fried ChickenPotatoes & GravyGreen BeansFruit Cocktail |
| **7** Turkey Franks w/ bunFrench FriesBaked BeansPeach Crisp | **8** Roast BeefPotatoes & GravyBaked CarrotsApplesauceChocolate Cake | **9** Homemade ChiliPeanut Butter SandwichCelery SticksApricots**\*PRICILLAS\*****Tracie Foreman-Speaker** | **10** Chicken & NoodlesMashed PotatoesGreen BeansPineapple Chunks | **11** Tilapia FilletBaked PotatoTomato WedgesBanana |
| **14** Shepard’s PieGarden SaladApricots**\*BOARD MEETING** **@ 1:00 p.m.** | **15** Cheeseburger w/ fixinsCorn on the CobTater TotsApple Wedges with Peanut Butter | **16** Chicken Fried SteakTaters & GravyGreen BeansPears | **17** Waffles & SausageScrambled EggsOrange JuicePineapple Chunks**Blood Pressure Clinic****Program: “Scary Foods”** | **18** Baked Pork ChopGarlic PotatoesMixed VeggiesOrange |
| **21** Tomato SoupGrill Cheese SandwichCelery Sticks w/ Peanut butterPineapple  | **22** Beef Stroganoff Garlic PastaGreen BeansTossed SaladCarrot Cake | **23** Pork CutletBaked PotatoCalifornia BlendGrapes | **24** Pork RoastPotatoes & Gravy PeasPeachesCookie & Ice Cream**Birthday Dinner** | **25** Salmon PattyCheesy Tater TotsBaked BeansStrawberries |
| **28** Turkey n Cheese SubPotato ChipsPea SaladBanana | **29** MeatloafGarlic & Herb PotatoesPeas & CarrotsPeaches\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***Sloppy Joe Supper** **5-7 p.m.****Free will offering!!!!!** | **30** Chicken Fried SteakPotatoes & GravyBroccoli orGlazed CarrotsApricots | **31** Beef GoulashGreen BeansGarden Salad w/ Tomatoes & RadishesApple Wedges Peanut butter | **MENU SUBJECT TO CHANGE!!!!!****Call by 9:30 a.m. daily****To reserve a meal.** |