

NOVEMBER 2021

Fairmont & Exeter Senior Centers

402.268.2831

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chili Soup w/ black beans Pig-in-a-blanket Celery Sticks & dip Peaches	2 Baked Chicken Mashed Potatoes Broccoli Strawberries White Cake Pot luck & games	3 Lemon Shrimp over Linguini Pasta Garden Salad Banana	4 Liver & Onions Macaroni & Cheese Beets Pineapple	5 Chicken Strips Baked Potato Mixed Veggies Applesauce
8 Meatloaf Alfredo Pasta Broccoli Fruit Cocktail	9 Smothered Pork Chops Baked Potato Carrots Peaches	10 Chicken Bites Cheesy Potatoes Garden Salad with Tomatoes & cucumbers Pineapple	11 Closed Veterans Day	12 Beef Goulash Green Beans Garlic Buns Plums
15 Hamburger Patty Mashed Potatoes Glazed Carrots Red Grapes	16 Tuna & Noodles Casserole Peas Apricots Dinner Roll	17 Chicken Fried Steak Potatoes & Gravy Broccoli Salad Fruit Cocktail	18 Sausage Gravy/Biscuits Green Beans Fruit Salad Blood Pressure Clinic Program: Caption Call with Lisa Lewis	19 Cod Fillet Sweet Potato Fries Corn Strawberries
22 Sloppy Joe French Fries Tomato Wedges Apricots	23 Baked Ham Cheesy Potatoes Green Beans Peaches Brownies	24 Grilled Chicken & Swiss Tomato Soup Garden Salad Banana	25 Closed Happy Thanksgiving	26 Closed
29 Hamburger Patty Seasoned Fries Broccoli Red Grapes	30 Tater Tot Casserole Green Beans Tossed Salad Pears Birthday Dinner & games		Menu Subject To Change!!! ***** Milk & Bread Available!!!!	