

**MARCH 2019****Fairmont & Exeter Senior Centers****402.268.2831**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>MENU SUBJECT TO CHANGE!!!!</b>	<b>MILK &amp; BREAD AVAILABLE !!!!!</b>			<b>1</b> Beef & Cabbage Mashed Potatoes Pistachio Pudding Banana
<b>4</b> Grilled Ham & Cheese Tomato Soup Carrot Sticks Applesauce	<b>5</b> Honey Glazed Meatloaf Mashed Potatoes Peas Pears <b>*POT LUCK*</b>	<b>6</b> Beef Goulash Green Beans Garden Salad Brownie	<b>7</b> Liver & Onions Macaroni & Cheese Beets Peaches	<b>8</b> Chicken & Broccoli Skillet Brown Rice Fruit Cocktail
<b>11</b> Pork Loin Baked Potato Glazed Carrots Apricots <b>*BOARD MEETING @ 1:00 p.m.</b>	<b>12</b> Baked Ham Garlic Potatoes Cheesy Green Beans Fruit Cocktail Chocolate Cake w/ cool whip	<b>13</b> Roast Beef Potatoes & Gravy Peas Peach Cobbler  <b>*Priscilla's Luncheon*</b>	<b>14</b> Sweet & Sticky Chicken Brown Rice w/ red beans Ranch Tomatoes Strawberries	<b>15</b> Salmon Patty Cheesy Fries Tossed Salad Applesauce
<b>18</b> Chicken Strips Taters & Gravy Green Beans Pears	<b>19</b> Beef Burritos Spanish Rice Garden Salad Pineapple  <b>*Woman's Club 2 p.m.*</b>	<b>20</b> Turkey Sandwich w/ lettuce & tomato Potato Chips Baked Beans.....Apple <b>Stepping On 1:30-3:30</b> <b>First Day of Spring</b>	<b>21</b> Waffles & Sausage Scrambled Eggs V-8 Juice Peaches  <b>Blood Pressure Clinic</b> <b>Jill Engel: "Fiber"</b>	<b>22</b> Tune & Noodles Peas Cottage Cheese Pears
<b>25</b> Tater Tot Casserole Green Beans Banana	<b>26</b> Pork Roast Taters & Gravy Glazed Carrots Applesauce	<b>27</b> Beef Franks Garlic Potato Wedges Cole Slaw Fruit Cocktail <b>Stepping On 1:30-3:30</b>	<b>28</b> BBQ Chicken Breast Penne Pasta w/ Alfredo Sauce California Blend Peaches	<b>29</b> Cod Fillet Tater Tots Corn Tomato & Cucumber Salad Fruit