**FEBRUARY 2020 Fairmont & Exeter Senior Centers 402.268.2831**

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| **3** Meatloaf  Baked Potato  Peas  Banana | **4** Baked Chicken  Scalloped Potatoes  Cheesy Beans  Applesauce  Chocolate Cake  **POT LUCK DINNER** | **5** Cheeseburger  w/ lettuce & tomato  French Fries  Cottage Cheese  Apricots | **6** Liver & Onions  Macaroni & Cheese  Beets  Apple | **7** Salmon Fillet  Baked Potato  Broccoli  Brownie |
| **10** Hamburger Gravy  Mashed Potatoes  Green Beans  Peaches  **\*Board Meeting 1:00** | **11** Salisbury Steak in  Mushroom Gravy  Garlic Penne Pasta  Mixed Veggies  Pears | **12** Chicken Strips  Potatoes & Gravy  Peas  Strawberries  **Priscilla’s Luncheon**  **Pedicure’s @ 1:00**  **(please sign-up)** | **13** Polish Sausage w/ bun  Fried Cabbage & Broccoli  Red Grapes  **Manicure’s @ 1:00**  **(please sign-up)** | **14** Pork Cutlet  Cheesy Tots  Glazed Carrots  Banana |
| **17** Beef & Onion  Cabbage Rolls  Garden Salad  Apple Wedges w/  Peanut butter | **18** Pork Loin  Potatoes & Gravy  Baked Beans  Peaches  Brownie | **19** Chicken Fried Steak  Potatoes & Gravy  Broccoli  Fruit Cocktail | **20** Waffles & Bacon  Scrambled Eggs  Tomato Juice  Pineapple  **Blood Pressure Clinic**  **Jill Engel: “Red Hot**  **& Healthy”** | **21** Tuna Casserole  Peas  French Bread  Apricots |
| **24** Oven Fried Chicken  Baked Potato  Buttered Carrots  Applesauce | **25** Beef Stew  Garden Salad  Crackers & Cheese Slices  Pineapple | **26** Salmon Patty  French Fries  Mixed Veggies  Plums | **27** Meat Loaf  Mashed Potatoes  Green Beans  Peaches  Cookie & Ice Cream  **BIRTHDAY DINNER** | **28** Turkey Frank w/ bun  Macaroni & Cheese  Tomato Wedges  Tropical Fruit |
| **Menu**  **Subject to Change...** | **HOME DELIVERY**  **AVAILABLE--------**  **CALL BY 9:30 a.m.**  **TO ORDER MEALS** | **Milk & Bread**  **Available Daily!!!!!!** | **RESERVATIONS FOR CONGREGATE MEALS**  **MUST BE CALLED IN**  **BY 9:30 A.M. DAILY**  **THANKYOU!!!!** | **HAPPY**  **VALENTINE’S DAY**  **XOXOXOXO** |