

AUGUST 2020**Fairmont & Exeter Senior Centers****402-268-2831**

Monday	Tuesday	Wednesday	Thursday	Friday
3 Roast Beef Potatoes & Gravy Broccoli Salad Pears	4 Green Chili & Cheese Beef Burritos Casserole Tossed Salad w/ tomatoes Fruit Cocktail	5 Grilled Turkey & Cheese Potato Chips Carrot Sticks Deviled Eggs Red Grapes	6 Liver & Onions Baked Potato Spinach Salad Banana	7 Salmon Fillet Tater Tots Baked Beans Mandarin Oranges
10 Breaded Pork Cutlet Red Potatoes Peas Fruit Cocktail Board Meeting 6:30 p.m.	11 Chicken Spaghetti Green Beans Peaches Fudge Brownies	12 Pork Loin Chops Potatoes & Gravy Glazed Carrots Pears *Priscilla's Luncheon*	13 Sloppy Joe's Ranch Potato Wedges Sliced Tomatoes Grapes	14 Chicken Stir Fry Brown Rice Broccoli Peaches
17 Chili Dog Bake Tater Tots Celery w/ peanut butter Strawberries	18 Beef Stroganoff Mashed Potatoes Broccoli Peaches Ice Cream Social 4-6 Free -will offering	19 Chicken Strips Potato Salad Carrots Watermelon	20 Sausage Gravy / Biscuits Scrambled Eggs V-8 Juice (low sodium) Fruit Cocktail *Blood Pressure Clinic* Jill Engel: Nutrition	21 Fish Sandwich French Fries Peas Red Grapes
24 Beef Goulash Green Beans Applesauce Wheat Dinner Roll	25 BBQ Chicken Legs Baked Potato Peas Fruit Cocktail Strawberry Shortcake	26 Beef & Black Bean Taco Salad Celery w/ peanut butter Pears	27 Baked Ham Mashed Potatoes Green Beans Berry Mix Cake/Ice Cream *BIRTHDAY DINNER	28 Tuna Melt Tater Tots Pork & Beans Peaches
31 Roast Beef Baked Potato Cheesy Green Beans Pineapple		MILK & BREAD AVAILABLE DAILY !!!!		MENU SUBJECT TO CHANGE