**April 2022 Fairmont & Exeter Senior Centers 402.268.2831**

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| **MENU SUBJECT  TO CHANGE!!!!!** | **April is Volunteer**  **Appreciation Month**  **Thank a Volunteer!!!** | **MILK & BREAD**  **AVAILABLE** | **HAVE A BLESSED**  **EASTER !!** | **1** BBQ Chicken  Mashed Potatoes  Spinach Salad  Pears |
| **4** Pork Chop & Gravy  Baked Potato  Corn  Blueberries | **5** BeefEnchiladas  Refried Beans  Garden Salad  Pineapple  **Pot Luck & Games** | **6** Chicken Fried Steak  Potatoes & Gravy  Green Beans  Strawberries | **7** Liver & Onions  Tater Tots  Peas  Applesauce | **8** Hamburger Gravy over  Biscuits  Broccoli  Orange Slices |
| **11** Swiss Steak  Macaroni & Cheese  Green Beans  Mixed Fruit  **Board Meeting 6 p.m.** | **12** Baked Ham  Mashed Potatoes  Baked Beans  Pears  Brownies | **13** Pork Cutlet  Glazed Carrots  Tomato Wedges  Applesauce | **14** Asparagus  Stuffed Chicken  Baked Potato  Garden Salad  Peaches | **15** Beef Goulash  Cheesy Green Beans  Cottage Cheese  Pears |
| **18** Sweet & Sour  Chicken  Brown Rice  Carrots  Pineapple | **19** Tater Tot Casserole  Green Beans  Applesauce  **Foot Clinic 1-3 p.m.** | **20**  **Morning Coffee Only**  **No Meals**  **Staff in Training !!!!** | **21** French Toast & Bacon  Scrambled Eggs  Tomato Juice  Grapes  **Speaker: Rob Czaplewski**  **“Effective Doctor Visits”** | **22** Salmon Fillet  Red Potato  Broccoli  Orange |
| **25** Monterey Chicken  Spaghetti  Mixed Veggies  Red Grapes | **26** Pork Loin  Baked Potato  Peas  Fruit Cocktail  Oatmeal Bars | **27** Turkey & Cheese Sub  w/ lettuce & tomato  BBQ Potato Chips  Boiled Egg  Apple | **28** Baked Chicken  Mashed Potatoes  Glazed Carrots  Plums  **Birthday Dinner & Games**  **Volunteer Recognition** | **29** Black Bean Chili  Peanut Butter Sandwich  Celery Sticks  Banana |