

JANUARY 2019**Fairmont & Exeter Senior Centers****402.268.2831**

Monday	Tuesday	Wednesday	Thursday	Friday
MILK & BREAD AVAILABLE	1 CLOSED NEW YEAR'S DAY	2 Cattle Drive Casserole Broccoli Banana	3 Liver & Onions Baked Potato Corn Red Grapes	4 Chicken & Noodles Mashed Potatoes Peas & Carrots Plums
7 Orange Glazed Meatballs Mashed Potatoes Green Beans Peaches	8 BBQ Chicken Baked Potato Baked Beans Fruit Cocktail *POT LUCK	9 Honey Garlic Meatloaf Macaroni & Cheese Broccoli Jello Salad Pears *PRICILLAS*	10 Homemade Chili Peanut Butter Sandwich Carrot Sticks Ice Cream w/ strawberries	11 Salmon with Fettucine Noodles Green Beans Tomato Wedges Banana
14 Beef Taco Salad w/ Black Beans Garden Salsa Fruit Cocktail *BOARD MEETING @ 1:00 p.m.	15 Beef Goulash Peas Garden Salad Applesauce Brownie	16 Chicken Fried Steak Taters & Gravy Green Beans Pears	17 Waffles & Fried Ham Scrambled Eggs Orange Juice Peaches Blood Pressure Clinic Jill Engel: "Goal Setting"	18 Baked Chicken Baked Potato Cole Slaw Apple
21 Roast Beef Taters & Gravy Broccoli Banana	22 Swedish Meatballs Egg Noodles Green Beans Pears	23 Beef Stir Fry Tacos Refried Beans Garden Salsa White Cake w/ Strawberries	24 Chicken Alfredo Penne Pasta Glazed Carrots Peaches	25 Tilapia French Fries Stewed Tomatoes Orange
28 Beef & Cabbage Casserole Baked Potato Pears	29 Smothered Pork Chops Mashed Potatoes Corn Salad Peaches Cobbler	30 Beef Enchiladas Brown Rice Tossed Salad Apple	31 Meatloaf Mashed Potatoes Peas Peaches Cake & Ice Cream *Birthday Dinner*	MENU SUBJECT TO CHANGE!!!!