

JANUARY 2020**Fairmont & Exeter Senior Centers****402-268-2831**

Monday	Tuesday	Wednesday	Thursday	Friday
Meal Reservations by 9:30 a.m. daily Thank You!!	Milk & Bread Available Daily!!!!	1 CLOSED!!!! Happy New Year!!!!	2 Liver & Onions Baked Potato Peas Banana	3 Fish Sandwich Potato Chips Cole Slaw Peaches
6 Pigs in a Blanket French Fries Cucumber Salad Ice Cream Blanket	7 Chicken Parmesan Meatballs Garlic Herb Pasta Peas Applesauce POT LUCK****	8 Beef Burrito Casserole Refried Beans Tossed Salad Pineapple Priscilla's Luncheon*****	9 Chicken & Noodles Mashed Potatoes Green Beans Apricots	10 Chili Mac w/ black beans Celery Sticks w/ p. butter Apple Wedges Wheat Rolls
13 Baked Chicken Mashed Potatoes Broccoli Wheat Bread Speaker: Gerry Merck *Board Meeting- 1:00	14 Spaghetti w/ Meat Sauce Garden Salad Garlic Bread Pears	15 Beef Tacos Red Beans & Rice Sour Cream Salad Lime Pineapple Salad	16 Pork Chop Honey Butter Potatoes Glazed Carrots Whit Cake w/ Berries	17 Salmon Patty Tater Tots Beets Peaches
20 Sloppy Joes French Fries Cottage Cheese Red Grapes	21 Chicken Burrito Bake Butter Carrots Lettuce Salad Pineapple Upside-down Cake	22 Chicken Fried Chicken Parsley Potatoes Green Beans Tomato Wedges Applesauce	23 Waffle Sausage & Egg Bake Peach Mano Juice Peaches Blood Pressure 11:30 Jill E: Functional Foods	24 BBQ Chicken Thighs Macaroni Salad Tomatoes & Cucumber Salad Fruit Cocktail
27 White Chicken Chili Peanut Butter Sandwich Celery Sticks Plums	28 Baked Ham Herb & Butter Pasta Peas & Carrots Pineapple	29 Beef Goulash Broccoli Pears Garlic Bread	30 Tater Tot Casserole Green Beans Mandarin Oranges Cake & Ice Cream Birthday Dinner*****	MENU SUBJECT TO CHANGE!!!!