

**FEBRUARY 2019****Fairmont & Exeter Senior Centers****402.268.2831**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>MENU SUBJECT TO CHANGE!!!!</b>		<b>MILK &amp; BREAD AVAILABLE</b>		1 BBQ Chicken Mashed Potatoes Broccoli Pears
4 Chili Dogs Garden Salad Tomato Wedges Applesauce	5 Sesame Chicken House Noodles Butter Carrots Pineapple Chunks <b>*Chinese New Year*</b> <b>*POT LUCK*</b>	6 Sausage & Egg Bake Cheddar Cheese Slices V-8 Juice Banana	7 Liver & Onions Tater Tots Peas Apple	8 Hamburger Gravy over Mashed Potatoes Broccoli Orange Slices
11 White Chicken Chili P. Butter Sandwich Carrot Sticks Peaches <b>*BOARD MEETING @ 1:00 p.m.</b>	12 Sloppy Joe's Potato Chips Baked Beans Orange Jello Pears	13 Pork Loin Baked Potato Glazed Carrots Applesauce Brownie <b>*Priscilla's Luncheon</b>	14 Honey Garlic Chicken Potatoes Wedges Broccoli Strawberries over White Cake <b>*Valentine's Day</b>	15 Roast Beef Mashed Potatoes & Gravy Green Beans Pears
18 Sweet & Sour Chicken Brown Rice Carrots Apricots	19 Tater Tot Casserole Green Beans Applesauce Oatmeal Cookie <b>*Woman's Club 2 p.m.</b>	20 Beef & Cabbage Skillet Mashed Potatoes Celery w/ p. butter Plums	21 Waffles & Bacon Scrambled Eggs Tomato Juice Grapes <b>Speaker: Jill Engel-- "Healthy Heart" Blood Pressure Clinic</b>	22 Salmon Fillet Penne Pasta w/ Broccoli Orange
25 Baked Ham Baked Potato Mixed Veggies Red Grapes	26 Spaghetti Bake Peas Garden Salad Fruit Cocktail	27 Turkey Sandwich Potato Chips Slaw Salad Apple Wedges	28 Chicken Alfredo Steamed Carrots Peaches Cake & Ice Cream <b>*BIRTHDAY DINNER*</b>	29 Beef & Cabbage Bake Mashed Potatoes Pistachio Pudding Banana

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