DECEMBER 2018

Fairmont & Exeter Senior Centers

402-268-2831

| DECEMBER 20 | 10 1 411 | mont & Exeter Seme | 71 00110018 | 1 02-200-2031 |
|-------------------------|--------------------------|---------------------------|-----------------------------------------------|--------------------------|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 3 Smothered Chicken | 4 Burrito Casserole | 5 Creamy Tomato Soup | 6 Liver & Onions | 7 Cheeseburger |
| Baked Potato | Tossed Salad w/ tomatoes | Grilled Ham & Cheese | Baked Potato | Tater Tots |
| Broccoli | Fruit Cocktail | Celery w/ peanut butter | Green Beans | Baked Beans |
| Pears | | Pineapple Chunks | Banana | Mandarin Orange Salad |
| | Tracie Foreman: | | | |
| | The Transformative | | | |
| | Power of Music | | | |
| | **POT LUCK** | | | |
| 10 Pork Cutlet | 11 Chicken Spaghetti | 12 Roast Beef | 13 Sloppy Joe's | 14 Chicken Stir Fry |
| Garlic Potatoes | Green Beans | Potatoes & Gravy | Ranch Potato Wedges | Brown Rice |
| Peas | Pears | Glazed Carrots | Sliced Tomatoes | Broccoli |
| Fruit Cocktail | | Pumpkin Bars | Grapes | Peaches |
| | | *Priscilla's Luncheon* | | |
| *Board Meeting 1 p.m. | | | | |
| 17 Chili Dog Bake | 18 Beef Stroganoff | 19 Chicken Strips | 20 Waffles & Sausage | 21 Fish Sandwich |
| Tater Tots | Mashed Potatoes | Potatoes & Gravy | Scrambled Eggs | French Fries |
| Celery w/ peanut butter | Garlic & Herb Carrots | Green Beans | V-8 Juice | Peas |
| Apple | Granny Cake | Pineapple | Fruit Cocktail | Red Grapes |
| | | | ψDL LD | |
| | | | *Blood Pressure Clinic* Jill Engel: Nutrition | |
| 24 CLOSED | 25 CLOSED | 26 Beef Taco Salad | 27 Baked Ham | 28 Tuna Melt |
| 2.020022 | | Refried Beans | Mashed Potatoes | Tater Tots |
| | | Garden Salsa | Green Beans | Pork & Beans |
| | MERRY | Pears | Cranberry Fluff Salad | Peaches |
| | CHRISTMAS !!! | | Cake/Ice Cream | |
| | | | *BIRTHDAY DINNER | |
| | | | DIKTHDAT DINNEK | |
| 31 Roast Beef | | | | |
| Baked Potato | | | | |
| Cheesy Green Beans | | MILK & BREAD | | MENU SUBJECT |
| Pineapple | | AVAILABLE DAILY !!!! | | TO CHANGE |
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